Second District Members Receive 
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**Greater Philadelphia**

Valley Forge Dental Conference

**MARCH 2-3-4, 2016**

*See pages 14-15 for details!*
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Second District members, Drs. Cary Limberakis, Jay Freedman, and Cindy Olenwine attend the ADA Recruitment and Retention Conference in Chicago. They pose with Dr. Kathleen O’Loughlin, ADA’s Chief Operating Officer (2nd from left).

FEATURES

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The Valley Forge Dental Journal is the official publication of the Second District Valley Forge Dental Association of Pennsylvania, 4781 Steeplechase Drive, Macungie, PA 18062. 1-800-860-3551

Advertising rates are available from, and all advertising materials and correspondence should be sent to Lynn Moreland, 1-800-854-8332 or conferenceservices@juno.com. The Second District Valley Forge Dental Association of Pennsylvania reserves the right to refuse any advertisements for any reason.

Articles for publication may be sent directly to Dr. Tami Brady: tsbradydmd@verizon.net.

 Classified advertising should be sent directly to Lynn Moreland. Classified rates are $35 for the first 50 words or less, 50¢ for each additional word.

The Journal is published three times a year: Winter, Summer & Fall. The opinions expressed in the Journal are those of the authors and do not necessarily reflect those of the Association, nor does the appearance of advertisements imply endorsement by the Association.
President’s Message

Cynthi Hanner Olenwine, DMD
drcindy@olenwine.com

As I sit and ponder about what I will write in my first presidents’ message, many things come to mind. The current issues that we all face in organized dentistry are many. My late mother always told me even as a child, “If you are not part of the solution, then you are part of the problem”. I have been thinking of her often lately, as this sentence has taken on a new meaning.

Membership is declining. We can no longer sit back and complain about our dwindling numbers. Be part of the solution. Make a personal contact to a new dentist. Welcome them. Be a mentor. Be a leader. Encourage young dentists to join organized dentistry and become engaged and involved.

Access to care is and will be another area where you can make a difference. Be part of the solution. Participate in Give Kids a Smile™ activities and National Children’s Dental Health Month programs. Give your time and talents at a MOM event. The dentistry that you provide is an experience that will remain in your heart forever. In the near future we are hoping to expand our outreach to local veterans in need. Become involved.

PDA governance has changed. We no longer meet as a large group. As your president, I belong to the Council of Presidents. My function is to inform my leaders of the issues that are important to my members. The Council of Presidents empowers every member of PDA to have a say in the direction and actions of the organization. Both the president and president-elect share the belief that PDA should and can be driven from the grassroots up. The BOT will meet July 17-18 and October 16-17. I am encouraging all members to bring up your thoughts and ideas so that I may let our voices be heard. Surf the PDA website. Participate in Social Network discussions. Become informed.

Member benefits are always a concern. Attend the Greater Philadelphia Valley Forge Dental Conference, March 2-3-4, 2016. Second District members will now have the opportunity to attend at no additional charge and receive up to 18 CE credits. Energize your practice. Inspire your staff. Learn something new!

The issues we face are many. Become part of the solution. Have a safe and restful summer.

Cindy

MOM-n-PA

On May 29 and 30, 2015, Mom-n-PA held an event at the Farm Show complex in Harrisburg, PA

The event produced
• over 1,700 patient visits
• 6,405 procedures were completed amounting to $884,598 worth of dentistry to the needy in the greater Harrisburg area!
• 976 volunteers made MOM-n-PA 2015 a success.
• We had 176 dentists (64 from Second District)
• 90 hygienists
• 128 dental assistants and EFDAs
• 36 dental front office
• 25 equipment technicians
• 7 lab technicians.

On the medical side we had:
• 50 nurses, nurse practitioners, pharmacists, physicians and medical, pharmacy or p.a. students
• 176 dental, dental assisting, hygiene and pharmacy students also provided needed assistance.
• The rest of the volunteers were lay volunteers who participated as translators, patient ambassadors or helped with setup or teardown.

Mark your calendars to join us June 2-4, 2016 in Pittsburgh for our fourth annual MOM-n-PA
It is a privilege to present the PDA Distinguished Service Award to my good friend Dr. Linda K. Himmelberger. This award is presented to a dentist whose contribution of time, energy and effort to the PDA has been exceptionally significant, and whose public life and activities have been of such a nature as to reflect great credit upon the profession. Linda’s contributions to dentistry greatly exceed these qualifications.

Dr. Himmelberger received her DMD degree from the University of Pennsylvania School of Dental Medicine. She started giving back to the profession almost immediately as a part-time pre-clinical operative instructor at Penn. It was here that we first met and our friendship began.

Linda started her ascent in organized dentistry through service as President of the Dental Society of Chester County and Delaware County. She moved up to serve on numerous committees and as President of both the Second District Dental Association and the Pennsylvania Dental Association. At the American Dental Association Dr. Himmelberger has served as a delegate for nine years and as a member of the Council on Dental Education and Licensure and as Chair of the Council on Ethics, Bylaws and Judicial Affairs. While finishing her term on CEBJA she also serves on the ADA Foundation Board.

What makes Linda so extraordinary is her ability to juggle her professional and charitable activities while practicing full time in Devon.

Linda became involved with the Disaster Mortuary Operational Response Team and was deployed to Baton Rouge to assist after Hurricane Katrina. She also participated in the identification of victims from three airplane crashes including Flight 93 near Shanksville, PA after September 11. Linda is dedicated to upholding the standards of dental care in our Commonwealth and for six years Linda served on the Pennsylvania State Board of Dentistry and since 1993 has served on the North East Regional Board of Dental Examiners.

Dr. Himmelberger has been influential in the initial organization and the continued success of GKAS providing dental care for underserved children in Chester and Delaware Counties. She is active in and has served on the boards of Bryn Mawr Presbyterian Church, The Emergency Aid Society of Pennsylvania and Goucher College.

Linda, it is with great pleasure that I present you with the PDA Distinguished Service Award.

(Introduction by Dr. Ron Heier)
SECOND DISTRICT VALLEY FORGE DENTAL ASSOCIATION

Second District members will vote on this item during the Annual Business Meeting, Wednesday, October 21, 2015 at 12:00 Noon at the Valley Forge Casino & Convention Center, King of Prussia, PA

SECOND DISTRICT NOMINATING REPORT – Elected October, 2015 • Installed March, 2016

President: Dr. Cary Limberakis
President Elect: Dr. Joel Funari
Vice President: (Name pending)
Secretary: Dr. Karin Brian
Treasurer: Dr. Robert Brillman
PDA Trustee: Dr. Charles Incalcaterra

DIRECTORS
Montgomery Bucks:
Dr. IJay Freedman 2016-2018
Dr. Stanley Heleniak – 2016-2018
Dr. Bruce Terry – 2016-2018
Dr. Joanne Burrell – 2015-2017
Dr. Nancy Rosenthal – 2015-2017

Chester Delaware:
Dr. Dan Daley – 2015-2016
Dr. Jamie Wolitarsky – 2014-2016
Dr. Bernadette Logan – 2014-2016

Lehigh Valley:
Dr. Gary Peters – 2016-2018
Dr. Brandon Walsh – 2015-2017

PDA DELEGATION IF NEEDED:
Chester Delaware:
Drs. Jamie Wolitarski, Marie Scott, Tami Brady, Karin Brian, Theresa Devine, Bernie Logan and Dick Clark

Montgomery Bucks:

Lehigh Valley:
Drs. Steve Ely, Brandon Walsh, Hugh Friel, Jason Pellegrino and Cindy Olenwine

PDA ALTERNATE DELEGATES:
Chester Delaware:
Drs. Joel Funari, Charlie Weber, Don Gordon, Ron Heier, Linda Himmelberger, Stephanie McGann, Doug Filidore and Dan Daley

Montgomery Bucks:
Drs. Lon Kessler, Bernie Dishler, Amanda Hemmer, Larry Stone, Hadi Ghazzouli, Les Green, Alyssa Nielubowicz, Jim Stevenson, Ada Greenfield, Joe Persichetti, Christina Gregory

Lehigh Valley:
Drs. Lauri Passeri, David Burt, William Cherry, Steve Gschrey and Gary Peters

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VFDA Thank You

The Second District Valley Forge Dental Association would like to thank the following companies for their support of the 2015 Valley Forge Dental Conference.

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<th>AFTCO Transition Consultants</th>
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Highlights of the President’s Dinner & Dance
honoring
Dr. Linda Himmelberger
Highlights of the 2015 Valley Forge Conference
Although numerous articles have appeared in the ADA News regarding the ADA Foundation’s activities, many grassroots dentists are not aware of the leading-edge technology that has been, and continues to be, developed in our Gaithersburg, MD research facility—the Volpe Research Center (ADAF/VRC). The ADA Foundation’s research center, previously called the Paffenberger Research Center, was re-named in May, 2014 in honor of Dr. Anthony Volpe, a retired Vice-President of Clinical Research and Scientific Affairs for the Colgate-Palmolive Company.

Scientific investigation has always been the cornerstone of the dental profession, providing us with a solid foundation on which to base our treatment decisions for the benefit of the patients we serve. Much of the research which has changed how we practice has been conducted at the Volpe Research Center.

The formation of the Foundation and the birth of the research center dates back more than 86 years to a time when the U.S. War Department requested that the National Bureau of Standards (NBS) develop specifications for dental amalgam. The NBS evolved into the National Institute of Standards and Technology (NIST) which today provides the facilities and certain resources to the Volpe Research Center and its scientific team.

Over these many years the research and development which has been conducted at the VRC has resulted in at least ninety (90) patents, leading to over two hundred medical and dental products currently in the market. The VRC scientists have played major roles in the development of innovations commonly used in dentistry today: the high speed handpiece; front surface dental mirrors; panoramic x-rays; protective tooth sealants; orthodontic bracket cement; tooth-colored composites; adhesive bonding; and calcium phosphate bone cements, to name just a few.

Throughout its history, the Volpe Research Center has attracted many of the best and the brightest scientists. Dr. RAY BOWEN, an inventor of resin composites and dentin adhesives and an internationally recognized authority on composite materials has played a significant role in research and development at the VRC since 1956. The ADAF offers the Dr. Ray Bowen Student Research fellowship in odd years in collaboration with the Academy of Operative Dentistry. In 2014 he was honored as the recipient of the 2014 AADR Distinguished Scientist Award. He continues research to modify the BIS-GMA system, altering the structure with novel monomers that will be less susceptible to degradation.

In April, 2015, Thomas C. Hart, BS, DMD, PhD was named as the new Director of the ADAF/VRC. A distinguished scientist, academician, researcher and mentor, he had previously served as Professor of Periodontics and Director of Craniofacial Population Research at the University of Illinois, Chicago College of Dentistry. Tom has worked extensively in government supported research facilities, including the National Institute of Dental and Craniofacial Research within the NIH. He previously served as Chief of Human Craniofacial Genetics Section of NIDCR (2003-2010) and Clinical Director of the same Institute from 2003-2008. Dr. Hart will be overseeing the research of the talented scientists currently engaging in cutting-edge research at the facility.

Your donations to the ADA Foundation help to support the important work of the young scientists. The research conducted at the Volpe Research Center is focused on dentists and the patients we serve. The scientists there are focused on fulfilling the mission statement: to advance the oral health of the public through basic and applied research and the development of improved dental materials and treatment techniques.

The next article will highlight the scientists and the research that is currently being done at the Research Center.

Dr. Ronald Bushick  
Vice President of Science,  
ADAF/Volpe Research Center/ADAF Board Member

Dr. Linda Himmelberger  
Scientific Research Committee,  
ADAF/Volpe Research Center/ADAF Board member

For additional information contact (adafoundation.org)
The San Francisco Giants Could Become the First MLB Team to Ban Chewing Tobacco

Players have been dipping for as long as anyone can remember, but that could soon change.

A San Francisco city ordinance could make the Giants the first team in Major League Baseball to ban chewing tobacco on the field.

City supervisors voted unanimously on Tuesday to ban smokeless tobacco in playing fields throughout the city and specifically targeted baseball—a sport infamous for the player’s use of tobacco, according to a statement from the Campaign for Tobacco-Free Kids, which pushed for the law.

The ordinance must pass one more vote and, if San Francisco Mayor Ed Lee signs, the rule will be implemented on Jan. 1 2016—in time for the MLB baseball season.

Jess Montejano, a legislative aide for the ban’s chief sponsor, Supervisor Mark Farrell, told TIME that legislators began working on the ordinance in the beginning part of 2015 because “it’s a serious health issue” in which “kids are seeing their athletic heroes chewing tobacco on the baseball diamond.”

Montejano also added the San Francisco Giants “are fully aware of the intention” and that proponents of the ban believed the team would support MLB’s stance on the issue of chewing tobacco.

After the law was initially proposed in late Feb., MLB issued a statement saying that it “has long supported a ban of smokeless tobacco at the Major League level” and that it had been seeking “a ban of its use on-field in discussions with the Major League Baseball Players Association.”

A study published April 10 from the University of California San Francisco suggested that seeing players chewing tobacco was akin to product endorsement. It found that “modeling of smokeless tobacco use by...elite athletes is strongly associated with smokeless tobacco initiation among adolescent males.” The study also cited an NCAA statistic that found that 52.3% of collegiate baseball players tried smokeless tobacco at least once in 2012 to 2013.

When asked if the ban would essentially force players to quit, Montejano cited former MLB pitcher Curt Schilling, who blames tobacco for his mouth cancer. “Schilling said it was the worst thing about his life and if he could change one thing from his younger years it would be to quit.”
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www.ameriprac.com
Dr. Linda Himmelberger presents the Pierre Fauchard Academy’s Distinguished Dentist Award to Dr. Ronald Bushick during the 2015 PDA Annual Meeting in Harrisburg.

Dr. Nancy Rosenthal presents the Pennsylvania Dental Association Recognition Award to Dr. Steven Jeffries during the PDA Annual Meeting on April 25, 2015

The Dental Society of Chester County and Delaware County hosted a member and guest evening at Galer Winery on June 17. Those in attendance were able to sample the wines and tour the wine-making facility at the Kennett Square vineyard.
Greater Philadelphia
Valley Forge Dental Conference
(Pennsylvania’s Premiere Dental Conference)

MARK YOUR CALENDAR FOR EXCITING CHANGES IN 2016 …

Our name has changed, but the cutting edge courses for Doctors and Staff will be better than ever!

Greater Philadelphia
Valley Forge Dental Conference
30th Anniversary
March 2-3-4, 2016

Www.vfdc.org
Like us on Facebook

March 2-3-4, 2016
Valley Forge Casino Resort and Convention Center
King of Prussia, PA

Course locations will include the Valley Forge Event Center (Casino Resort) and the Radisson Hotel Ballrooms.

Watch for early registration at www.vfdc.org to guarantee seating at the courses of your choice.
All courses are ticketed, so please register early. Seating will be limited...watch your mail and emails in October for the program book, or visit [WWW.VFDC.ORG](http://WWW.VFDC.ORG).

### 2016 VFDC SPEAKERS

**WEDNESDAY, MARCH 2, 2016:**

**Dr. John C. Comisi** .......... Full Day – Hot New Materials/Products/Techniques

**Dr. Samuel B. Low** .......... AM – Lasers in Periodontal Treatment  
PM – Periodontal Management

**Dr. R. John Brewer** .......... AM – ACLS Re-certification*  
PM – PALS Re-certification*

**Ms. Nancy McNutt** .......... AM – Office Collections  
PM – Marketing 101

**Ms. Rita Bauer** .......... AM & PM – Dental Patient Photography  
Made Easy

**Dr. Ann E. Spolarich** .......... AM – Women & Medications  
PM – Geriatric Pharmacology

**THURSDAY, MARCH 3, 2016:**

**Dr. John C. Cranham** .......... Full Day – Restorative Dentistry

**Dr. Theresa S. Gonzales** .... AM – Oral Pathology  
PM – Women’s Health

**Dr. R. John Brewer** .......... AM – ACLS Re-certification*  
PM – PALS Re-certification*

**Ms. Amy Kirsh** .......... AM – Teamwork Communication  
PM – Scheduling for Success

*There will be a registration fee for re-certification to cover the costs of cards and EFC Handbook.

**FRIDAY, MARCH 4, 2016:**

**Dr. Dennis P. Tarnow** .......... Full Day – Implant Dentistry

**Mr. Brandon S. Collier** .......... AM – Personal Financial Management  
PM – Practice Transitions

**Dr. R. John Brewer** .......... AM – Office Emergencies For Restricted Anesthesia Permit Providers  
PM – Office Emergencies For Unrestricted Anesthesia Permit Providers

**Dr. John A. Molinari** .......... Full Day – Infection Control

**Ms. Karen Davis** .......... AM – America’s Sweet Tooth Obsession  
PM – Nonsurgical Periodontal Treatment

Starting in 2016, courses are **FREE** to all Second District Dental Association members. DOCTORS (who have paid their 2016 dues by February 22, 2016) are eligible for free courses...OR 18 CE credits.
Local Happenings

Chester/Delaware Event • March 26

Dental professional volunteers with Honorary Chair, Rahlir Hollis-Jefferson

Rahlir Hollis-Jefferson poses with GKAS patients from Chester, PA

A smiling patient finishing her dental visit at Dream Smile.

Chester/Delaware Event • May 11

Dr. Jyoti Dangi and her patient

Dr. Tami Brady and Dr. Debbie Parnes waiting for anesthesia to work

Dr. Karen Miller and her assistant, Valerie, helping another patient

Dr. Eric Navok providing needed care to his patient

Montgomery/Bucks Event

Volunteer dental team and a happy patient at the March 14 GKAS event sponsored by the Montgomery/Bucks Dental Society.
Local Happenings

We dedicate our May 2015 Give Kids A Smile event to
Dr. Theresa Devine and her family...

GKAS Thanks...

We would like to thank the dentists, hygienists, assistants, and staff members who donated their expertise and dental supplies to provide dental care and education for indigent children on Monday, May 11th at Dr. Barry Cohen’s office in Drexel Hill. The list of volunteer dentists includes Lilyana Angelova, Tami Brady, Dick Clark, Barry Cohen, Jyoti Dangi, Linda Himmelberger, Bernie Logan, Karen Miller, Eric Navok, and Debbie Parnes.

Dr. Ian Thomas will be providing a pro bono orthodontic case – thank you, Dr. Thomas!!

The following dentists supported our May 2015 day with generous donations: Drs. Gartner, Pfeiffer, Robbins, and Wolitarsky.

Laurie Galuska of Dodd Dental provided food and drink for our volunteers!

Thanks to your efforts our GKAS Program continues to provide dental care and education to children who would otherwise not receive this integral component of their health and well-being.

With gratitude,

We dedicate our May 2015 Give Kids A Smile event to
Dr. Theresa Devine and her family...

The Dental Society of Chester County and Delaware County hosted 2 Give Kids a Smile Events this spring. The first was held on March 26 at Dream Smile in Chester. Fifteen children were provided with $3,335 worth of dental care. Chester’s own professional basketball player Rahlir Hollis-Jefferson of the Delaware 87’ers graciously served as our Honorary Chair.

The second event was held on May 11 at the dental office of Dr. Barry Cohen in Drexel Hill. This event was dedicated to Dr. Theresa Devine and her family. 21 children were provided with $7575 worth of dental care.

The Montgomery Bucks Dental Society hosted a Give Kids a Smile event on March 14, 2015. State Representative Madeleine Dean was the Honorary Chairperson, and Lieutenant Warner of the Abington Police Department was also in attendance. 24 children ages 5 to 18 were seen and $12,603 worth of dental treatment completed. This brings the 4 year total to over $47,000! Abington Hospital has graciously provided free follow up to the half dozen children who needed more extensive treatment!

In addition, the Abington Memorial Dental Division Residents presented Oral Healthcare education at a local elementary school during National Dental Health month.


**Local Happenings**

**GKAS Thanks…**

**We would like to thank** the dentists, assistants, and staff members who donated their expertise and dental supplies to provide dental care and education for indigent children on Thursday, March 26th at Dr. Sue Parab’s office in Chester. The list of volunteer dentists includes, Bernie Logan, Karen Miller, Sue Parab, Debbie Parnes, and Anna Rossis.

Dr. Parab and her staff hosted an exemplary event – what a lovely setting and competent, caring treatment for our patients!

Chester’s own professional basketball player Rahlir Hollis-Jefferson graciously served as our Honorary Chair. Many smiles were shared 😊.

Drs. Cerasoli & Wenger; Cimino; Grzybicki; Koshetar; Melli; Montgomery & Dunn; Nelson; Pepe; Russo & Scharlock; Sierakowski; and Smedley, Smedley, & Adey graciously supported our efforts with their kind gifts!

Thanks to your efforts our GKAS Program continues to provide dental care and education to children who would otherwise not receive this integral component of their health and well-being.

*With gratitude,*

*Signed by Dr. Jeanne Scherer, DMD*

*Bernadette A. Logan, D.D.S.*

---

**Day on the Hill – June 2, 2015**

The Pennsylvania Dental Association’s annual **Day on the Hill** was held on Tuesday, June 2, 2015. The day began with a legislative briefing provided by PDA’s lobbyists, Peg Callahan and Mark Singel. Once at the Capitol, member teams met with key legislators to discuss our major legislative issues.

Our issues for the 2015-16 session are: Assignment of Benefits Bill; Loan Repayment Program; Retroactive Review of Claims; and Medical Assistance Funding.

Following legislative visits, PDA held its rally in the Capitol. Sen. Jake Corman (R–Centre), Senate Majority Leader, and Rep. Bill Adolph (R–Delaware), chair of the House Appropriations Committee, received the Kay Thompson Award for 2015.

*Second District Member, Dr. Cary Limberakis and Abington Hospital GPR Residents Drs. Temurkin Cecukov, Courtney Kitcuts, and Jonathan Limberakis attend PDA Lobby Day on June 2, 2015.*
The proposed 2015/2016 Second District Operating Budget will be voted by the membership during the Annual Business Meeting, October 21, 2015 at the Valley Forge Casino Resort at 12 Noon.

### INCOME:

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<th>Description</th>
<th>2015/2016 Proposed</th>
<th>2014/2015 Budget</th>
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### EXPENSES:

1. Treasurer’s Exps.        $500.00        $500.00        $237.46
2. Exec. Sec. Salary        $18,324.00    $18,324.00     $13,287.00
3. Exec. Sec. Travel        $4,500.00     $3,500.00      $3,753.11
4. Audit Fee                $3,000.00     $3,000.00      $1,300.00
5. Comm. & Brd. Exps.       $8,000.00     $6,500.00      $8,189.28
6. VF Steering Mtgs.        $3,000.00     $2,000.00      $2,000.00
7. President’s Exps.        $1,000.00     $1,000.00      $0.00
8. Journal Printing         $15,000.00    $14,000.00     $14,461.35
9. Journal Postage          $1,500.00     $2,000.00      $677.18
10. Campaign Funds          $1,000.00     $1,000.00      $0.00
11. ADA R & R Conf.         $3,000.00     $6,000.00      $1,310.69
12. Gifts/Plaques           $2,000.00     $1,300.00      $1,990.98
13. Insurance & Bond        $3,500.00     $2,300.00      $3,091.00
14. PDA State Reimbursement $0.00         $1,000.00     $0.00
15. Stationary              $0.00         $1,500.00     $0.00
16. Miscellaneous           $2,500.00     $1,000.00      $2,635.79
17. VFDC VIP Exps.          $2,000.00     $2,000.00      $1,918.00
18. Storage Room Rental     $1,700.00     $1,676.00      $1,314.40
19. Past Pres. Lunch        $300.00       $300.00        $300.00
20. Charitable Contrib.     $15,000.00    $10,000.00     $11,410.20
21. ADA Alt. Del. Reimb.    $6,000.00     $5,000.00      $5,000.00
22. VFDC                   $2,537.00     $7,851.00      $7,851.00
23. Reserves               $195,000.00   $117,000.00    $115,000.00
    **TOTALS:**            **$213,500.00**  **$226,000.00**  **$196,874.49**

### CLASSIFIED ADVERTISEMENTS

**CLASSIFIED LISTING:**

**LEHIGH VALLEY DENTAL PRACTICE FOR SALE.**
Well established and modern Cosmetic & Family dental office with 4 Ops and over 3000 active patients. Great location, patients and staff. Practice has much positive growth opportunity. **Confidential information RNR4155@gmail.com or call (610) 217-5507.**

The Second District Valley Forge Dental Association reserves the right to accept or decline classified advertisements at its discretion. In addition, the Association does not inquire into the offers being made nor does it assume any liability for them.

Classified advertising should be sent to: Lynn Moreland, 1-800-854-8332 or conferenceservices@juno.com.

Classified rates are $35 for the first 50 words or less, 50 cents for each additional word.
The following amendments will be presented to the membership for vote at the Annual 2nd District Business Meeting on Wednesday, October 21, 2015, at the Valley Forge Casino & Convention Center, King of Prussia, PA at 12:00 noon.

PROPOSED AMENDMENTS TO THE CONSTITUTION OF THE SECOND DISTRICT DENTAL ASSOCIATION

[Additions underlined; deletions struck through]

ARTICLE II – OBJECT PURPOSES

The mission of the Association is to be a resource to the public regarding their dental health, promote the art and science of dentistry, and represent the interests of the Association’s members and be a resource to the public regarding their dental health the people they serve. To this end, the Association will, through its members, promote optimal dental care and education for the public with respect to prevention and treatment of oral disease. In addition, the Association will speak responsibly and authoritatively on behalf of the public on issues pertaining to oral health. In order to better serve its members, the Association will provide opportunities for professional growth and development for its members and the dental and allied health professions through the Annual Dental Conference, continuing education courses and the programming offered by the Association and its Local Societies. The Association will be a strong advocate of dentists’ rights and maintain a relationship with all groups whose activities impact the dental profession.

ARTICLE VI – OFFICERS

Section 1—Elective Officers: The elective officers of this Association shall be the President, President-Elect, Vice-President, Secretary and Treasurer.

A. Elected Annually by the Membership: The Vice President, Secretary and Treasurer, each of whom shall be elected by the membership at its Annual Meeting as provided in Article X, Section 3 of the By-Laws.

B. Automatic Succession Annually: The offices of President and President-Elect shall not be elected by the membership at the Annual Meeting. Rather, the Vice President shall succeed without election to the office of President-Elect; and the President-Elect shall succeed without election to the office of President.

C. Appointive Officers: ….

ARTICLE IX – MEETINGS OF THE MEMBERS

Section 1—Annual Meeting:

1. The annual meeting of the members of the Association shall be held at a time and place designated by the Board that allows sufficient time to comply with deadlines for nominations to the PDA. Notice of the annual meeting shall be distributed to the membership of the Association not less than thirty (30) days prior to the annual meeting.

Section 2—Special Meetings: Special meetings of the members of the Association shall be called by the President upon request of the Directors, or upon written request of twenty (20) members in good standing (not including Student Members). Such meetings shall be held within thirty (30) forty-five (45) days of the request and a written notice of the purpose, time and place of this meeting shall be sent to all members entitled to attend said meeting, at least ten (10) days prior to the date set for the meeting.

Section 3—Quorum: Twenty (20) active members in good standing shall constitute a quorum for the transaction of business at any meeting. If no quorum is present within thirty (30) minutes after the hour set for the meeting, the meeting shall stand adjourned and no business shall thereafter be transacted at that meeting.

ARTICLE X – BOARD OF DIRECTORS

Section 2—Quorum, Voting Eligibility & Vote Required: A majority of the members of the Board shall constitute a quorum for the transaction of business at any meeting, and the acts of a majority of the Board members eligible to vote shall be the acts of the Board. Voting members shall be restricted to the Executive Committee and the District Directors, or the proxy of a member permitted in accordance with Section 9 or this Article X. The members of the Board present at a duly organized meeting can continue to do business until adjournment of the meeting, notwithstanding the loss of a quorum.

Section 3—Remote Participation: A member of the Board shall be considered as present at a meeting if such member participates in the meeting remotely via conference telephone or other similar method such as videoconferencing where the absent member and those members present at the location of the meeting can hear each other. The Association will speak responsibly and authoritatively on behalf of the public on issues pertaining to oral health.

Section 4—Action by Written Consent: Any action that may be taken at a meeting of the Board may be taken without a meeting if a consent or consents in writing setting forth the action so taken shall be signed by all members of the Board entitled to vote and filed with the Secretary of the Association.

Section 8—Nominations to Fill Vacancies:

In order to help preserve the rotation of leadership of the Association among the Local Societies, any vacancy in the office of President, President-Elect or Vice President shall be filled for the remainder of its term by a member of the same Local Society if such Local Society acts in accordance with this Section. In order to ensure that an office does not
remains vacant for an extended period of time, the local society in which the member vacating such office belonged shall, within thirty (30) days after the vacancy occurs, nominate another one of its members to fill the vacancy and so notify the Board. If that local society does not make such a nomination and notification within said thirty (30) days, the next local society, in rotation shall nominate one of its members to fill the vacancy. Each such nominee shall be subject to approval by the board of directors of the association.

In the event the office of President becomes vacant, the President-Elect shall become President for the unexpired portion of the term, after which he/she shall serve the full term for which he/she was originally elected. In the event both the offices of the President and President-Elect become vacant, the Vice President shall become President for the unexpired portion of the term. In the event the office of President-Elect becomes vacant a candidate for the office of President-Elect shall be nominated within thirty (30) days by the same local, and shall serve the unexpired portion of the term after approval by a majority vote of the Board. If that local cannot fill the position within thirty (30) days, the next local in rotation shall nominate a President Elect and submit that name for approval by the Board.

A vacancy in the office of Vice President, Secretary or Treasurer shall be filled for the unexpired portion of the term by a majority vote of the Board of Directors of the Association.

Section 9—Meetings:
A. In the event that a duly elected member of the Board is unable to attend a Board meeting, he/she may notify the President of the Local Society which he/she represents and such President may attend the Board meeting and exercise a proxy vote, or the President of the Local Society may name a member who shall have the right of proxy vote at the meeting. The duly elected member shall provide notice of his/her absence from the meeting and the name of the member that shall be attending in his/her stead, to the President of the Association. Such notification shall be made as soon as practicable but in no event less than one day prior to the meeting.
B. Attendance will be restricted to active, life/retired members, and honorary members, and the Executive Secretary if a non-dentist and subject to compliance with the Attendance Policy of the Association. Exceptions to the above must be approved by the President at least ten (10) days prior to the scheduled meeting.

ARTICLE XII – ELECTION OF DELEGATES AND PDA TRUSTEE

Section 1—Nominations for Delegates and Alternate Delegates to the ADA:
A. The nominees from the Association for the position of ADA delegates, and by default ADA alternate delegates shall be nominated in accordance with the By-Laws of the PDA, by the Board of Directors of the Association.
B. The nominations shall be announced in accordance with the schedule set forth by the PDA. Names of the nominees for ADA delegates and alternate delegates shall be forwarded to the PDA for election at the annual meeting of the PDA.

Section 3—Trustee to the PDA:
A. The nomination shall be announced in accordance with the schedule set by the PDA. The name of the nominee shall be forwarded to the PDA for election at the annual meeting of the PDA.

ARTICLE XIII – STANDING COMMITTEES

Section 9—Finance Committee:
The duties shall include:
A. Reviewing annually preliminary estimates of income, expenditures and additions to the reserves of the Association and the Annual Dental Conference accounts and to review and submit the Association’s annual budget to the Board.
B. Investing the Association’s financial assets in a manner that is prudent, consistent with the fiduciary obligations of the Board of the Association and in accordance with the Investment Policy of the Association, as such policy may be modified from time to time by the Board. Consistent with its duty, the committee may retain one or more investment managers to make and execute investment decisions on behalf of the Association.

ARTICLE XVI – AMENDMENTS

Section 1—Board Committee Action: These By-Laws may be amended from time to time by the Constitution and By-Laws Committee for the limited purposes set forth in Article XIII, Section 6 of these By-Laws.
Section 2—Member Action: These By-Laws may be amended by a two-thirds (2/3) affirmative vote of the members present and entitled to vote at an annual meeting of the membership or special meeting called for that purpose. Every proposed amendment or amendments to be voted upon by the members shall be have been presented in writing by either (i) the Constitution and By-Laws Committee, or (ii) signed by three (3) members in good standing, to the Board for approval or disapproval. Every such proposed amendment must be submitted no less than thirty (30) forty-five (45) days prior to the annual meeting or special meeting of the members. Notice of each proposed amendment submitted in accordance with this Section, together with a statement whether approved or not such amendment has been recommended approved by the Board, shall then be sent to each individual member of the Association not less than twenty-one (21) thirty (30) days prior to the annual meeting or special meeting of the members. The obligation to provide Notice of the individual members may either be by a mailed notice or publication in an approved newsletter or journal published by this Association, or via electronic means including emails to members, or posting on the Association website with notification to the members of any amendment recommended by the Board may be satisfied by making the Constitution and By-Laws Committee Report available in accordance with Article XIII, Section 6 of these By-Laws, provided it meets the time limit as specified.
## 2015–2016 OFFICERS & DIRECTORS OF SECOND DISTRICT

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
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<tbody>
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<td>President</td>
<td>Dr. Cynthia Olenwine</td>
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<td>President-Elect</td>
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Need to Reach the Second District Valley Forge Dental Association or the VFDC?

**ONLINE:**
- [www.vfdental.org](http://www.vfdental.org) (Second District)
- [www.vfdc.org](http://www.vfdc.org) (Valley Forge Dental Conference)

**PHONE:**
- 1-800-854-8332 VFDC
- 1-800-860-3551 SD

**E-MAIL:**
- bjdencler@aol.com
- conferenceservices@juno.com

**FAX:**
- 1-610-340-2585 VFDC
- 1-610-395-5669 SD

**MAIL:**
- 4781 Steeplechase Drive
- Macungie, PA 18062
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This 7 DVD package includes:
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- Sample schedules, support forms, consent forms, insurance narratives / letters

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- Tongue disinfection with ultrasonics
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John Alone MG, DDS – Erie, PA - “Differentiation Diagnosis of Oral Lesions: An Interactive Lecture” Development of a working differential diagnosis is one of the most taskful tasks in the diagnostic sequence. You can build your confidence with the diagnosis of oral lesions by spending a day with Dr. John Alone, a talented surgeon and teacher with over 30 years of experience. Clinical case presentations focusing on a variety of pathological conditions and the use of an audience response polling system will help engage you in the decision making process. Biopsy techniques, treatment and prognosis of various lesions will also be reviewed. You will leave this program with a fresh perspective of oral pathology and the information needed to identify and diagnose oral lesions encountered in daily practice. Through your participation in this course, you will be better prepared to recognize the diagnostic process required to formulate a differential diagnosis on soft tissue and radiographic lesions; utilize a practical classification scheme to refine your clinical diagnosis; recognize the etiology and management of various oral pathological conditions; and determine when to biopsy and when to refer for treatment. Dr. Alone, a Diplomate of the American Board of Oral and Maxillofacial Surgery and a Diplomate of the National Dental Board of Anesthesiology. He is currently in private group practice in Erie, Pennsylvania. Dr. Alone has extensive experience in all subspecialty areas such as dentofacial surgery, dental implants, corrective jaw and facial surgery. This course is supported by educational grants from Dodd Dental Lab and Hayes Handpiece.

Jane Soxman DDS – Pittsburgh, PA - “Know When to Hold ’Em, When to Fold ’Em, and When to Do ’Em” The transformation of the pediatric patient’s dentition and oral structures through the primary, mixed and early permanent dentition may result in various problematic presentations. Identification and timely intervention will assure not only the child’s developmental well being but may also minimize future treatment costs. This course begins with findings during the clinical examination including anamnesis, pathology and various soft tissue presentations including upper airway obstruction, specific treatment recommendations for eruption disturbances, mandibular incisor crowding, space maintainers, and parafunctional habits. Dentists, assistants and hygienists will derive strongly enhanced diagnostic and treatment skills for their youngest patients. This is a postgraduate course in pedodontology that includes interceptive restorative, indirect pulp therapy for young permanent molars and pulpal therapy for primary molars. Full coverage stainless steel and esthetic crowns for primary molars, extraction of primary dentition and local anesthesia techniques are also presented. Course Objectives: Perform vital pulpotomy in primary molars with appropriate indications and medications and full coverage restorations for primary molars; Insure optimal clinical skills for administering local anesthesia for the pediatric patient; Improve technique for extraction of primary teeth; Recommendations and management for pathology and anomalies in the maxillary anterior region; Identification and management of upper airway obstruction; and appropriate use of space maintainers and intervention for para functional habits. Dr. Soxman is a Diplomate of the American Board of Pediatric Dentistry, a seminar instructor for general practice residencies, and editor of the Handbook of Clinical Techniques in Pediatric Dentistry. She maintains a private practice in Pittsburgh PA. This course is supported by educational grants from Dodd Dental Lab, and PNC Bank.

David Weber – Marietta, GA - “The Winner In You: Raising the Bar on Patient Care and Customer Service” In a crazy economy, what truly separates one practice from another may very well be the attitude, professionalism and the level of service being provided to patients! We live in such a frenzied pace, that it’s easy to forget the impact that actions, reactions, and behaviors can have on the perceptions other have of an office. This fast, fun, and highly interactive seminar zeroes in on the critical issues needed to meet and exceed patient expectations – and gets everyone in the office recharged to do the “right things”. Learning outcomes: 1) Learn the top 14 characteristics of professionals; 2) Develop a greater understanding of the impact of attitude and communication; 3) Understand what best in class” patient service looks like and feels like; Dave Weber CEO/President, Weber Associates is an internationally recognized speaker, author, and trainer in helping people make progress on purpose. In addition to presenting on the motivational speaking circuit, Dave is the author of Sticks and Stones Exposed: The Power of Our Words. This course is a must for the entire staff and spouses. This course is supported by educational grants from Dodd Dental Lab.

Joseph Kan, DDS, MS – Loma Linda, CA - “Essences of Anterior Implant Esthetics: The Perio-Ortho-Restorative Connection” Achieving anterior implant esthetics is a challenging and demanding procedure. To create implant restorations with harmonious gingival contour that emulates nature is a science and art. Understanding the biologic and physiologic limitations of the soft and hard tissue will facilitate predictability in simple to complex esthetic situations. This course is designed for the Restorative Dentist, Periodontists, and Oral Surgeons focusing on current implant treatment philosophies and methodologies for replacing currently missing teeth and the management of patients who will be losing a tooth or teeth in the esthetic zone. Emphasis will be placed on evidence based diagnosis and treatment planning, and surgical and prosthetic management of soft and hard tissue for optimal anterior implant esthetics. You will learn: Prognostic keys for predictable esthetic implant treatment; Immediate vs. Delayed vs. Early placements; Indications, Contraindications; Management of the implant socket gap; Bone grafting & Soft tissue grafting concepts; Papilla management for implant vs. natural teeth; Management of inter-implant papilla; Management of surgical and prosthetic complications; and Prosthetization (contour for optimal gingival esthetics). Dr. Kan completed Prosthodontics and Implant Surgical training at Loma Linda University School of Dentistry where he is a Professor of restorative dentistry and maintains a private practice limited to implant surgery and prosthodontics. He lectures worldwide. This course is supported by educational grants from Nobel Biocare, Dodd Dental Lab, Hayes Handpiece and PNC Bank.

Gordon J. Christensen DDS, MSD, PhD – Provo UT - “THE CHRISTENSEN BOTTOM LINE-2016” This fast moving “bottom line” course includes the areas of dentistry with the most activity and change in any given year. It is easily understood and has numerous summaries that help attendees to interpret the ongoing advancements in the profession. The course encourages audience participation, and questions and answers is presented in an enjoyable and humorous manner. The hottest aspects in the following topics will be included: Endo, implants, technology, fixed pros, lasers, operative, esthetics, equipment, radiology, and periodontics. On the completion of this course attendees should be able to: List the most important and useful new techniques in these topics; List the most important and useful new materials discussed in these topics; List the most important and useful new concepts discussed in this course; and Implement those aspects of the course most applicable to your practice. Gordon J. Christensen is Founder and Director of Christensen Clinical Courses (RKO). He is an Executive Officer of Clinicians Report Foundation (CR), and a Practicing Prosthodontist in Provo, Utah. Since 1976, he and his wife Rella have conducted research in all areas of dentistry and published the findings of the profession in the well-known CBA Newsletter now called CLINICIANS REPORT. This course is supported by educational grants from Dodd Dental Lab, Hayes Handpiece, PNC Bank and VAOO.

Those taking the full DKU Series will receive a Bonus Course

Wednesday, October 21, 2015 BONUS: Barbara Steinberg, DDS - "Medical Update for the entire Dental Team" at the Valley Forge Casino & Convention Center (Lower Level)

All meetings will be held at the Springfield Country Club on Route 320, Springfield, Delaware County, PA, except for the Bonus Course. Registration for all courses 8:15 AM, Lecture 9:00 AM – 4:15 PM. Continental breakfast and lunch included for all DKU courses.

FEES
Delco and Chester Society Members - Entire Series plus bonus course - $645, Individual Courses - $195, 3 Courses - $350, 4 Courses - $615
Other ADA Members - Entire Series plus bonus course - $605 Individual Courses - $210, 3 Courses - $570, 4 Courses - $665
Non-ADA Members - Entire Series plus bonus Course - $765, Individual Courses - $225, 3 Courses - $605, 4 Courses - $715
Staff members accompanied by a doctor will be $95 per course per person with reservation at least one week in advance. $110 per course per person at door.
Cancellations and Refund Policy - No refunds will be made without notice of at least one week prior to course date. (A $25 administrative fee will be deducted.) For information please contact: DKU • c/o Barry Cohen, DMD • 4750 Township Line Rd • Drexel Hill, PA 19026 • 610-449-7002 • DKUDental@aol.com
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Email: dentistinsagt@gmail.com

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Upcoming Events

2nd District Valley Forge Dental Association
Wednesday, October 21, 2015;
Valley Forge Dental Conference Fall CE Course,
Medical Update for the Dental Team,
presented by Dr. Barbara J. Steinberg,
Valley Forge Casino and Convention Center
March 2, 3 and 4, 2016;
30th Anniversary Greater Philadelphia/Valley Forge Dental Conference at Valley Forge Casino Resort & Radisson Hotel.
Free to 2nd District members! Mark your calendar!

Dental Society of Chester County and Delaware County DKU
Friday, Nov 20, 2015—Dr. John Alonge, Oral Medicine
Friday, Dec 11, 2015—Dr. Jane Soxman, Pediatric Dentistry
Wednesday, Feb 3, 2016—David Weber, Practice Management
Thursday, April 14, 2016—Dr. Joe Kan, Implant Prosthetics
Thursday, May 5, 2016—Dr. Gordon Christensen, Update

Lehigh Valley Health Network
Wednesday, September 2, 2015—Dr. John Tucker
“Saving Lives and Growing Your Practice Through Dental Sleep Apnea”
Wednesday, October 7, 2015—Dr. Steven Jefferies
“Bioactive Restorative Materials”
Friday, November 13, 2015—Dr. Paul Feuerstein,
Wednesday, January 13, 2016—Ms. Casey Hein
“Prevention”
Friday, February 5, 2016—Dr. John Svirsky
“Oral Pathology”
Friday, April 15, 2016—Ms. Joy Mills
“Communication”
Wednesday, May 2, 2016—Dr. Gordon Christensen
“The Christensen Bottom Line-2016”

Montgomery/Bucks 2015/16 Full Day CE Courses
Sept. 25, 2015—Dr. Michael Fling
“Seven Steps to Treatment Success”
Nov 20, 2015—Dr. Howard Glazer
“What’s Hot and What’s Getting Hotter: A program about real dentistry for real people by a real dentist!”
January 22, 2016—Dr. Lou Graham
“A Sound Recession Proof Restorative/Hygiene Practice: Integrating the Team and Creating the Value.”
March 18, 2016—Health Care Symposium
Dr. Randall Hyer—“Ebola: Time to get Mean and Smart”
Betty Long, RN—Nurse Advocacy
Dr. Sharon Elad—“Anticoagulants in Dentistry”
Elizabeth Serkin, PhD.—“Gerontology”
Gil Davis, CEO PDAIS—The Affordable Care Act
I just Googled images for dentist. I was surprised to find the very first photo was of a minority woman dentist. Two thoughts came to mind, either Google has been spying on me and has tailored my searches incredibly specific for me, or the face and image of dentists is really changing. I prefer to believe the latter. Unfortunately, suggestions for other words commonly searched for with dentist include evil, so I think we still have some work to do on our image. However, I am still encouraged by the fact that many groups including minorities and women were represented in my original search for dentist.

I am further inspired by the fact that the ADA has recognized that the US population of dentists is changing and is taking steps to cultivate new leaders who reflect and represent this diversity. Recently, I was accepted into the 2014/2015 Class of the ADA Institute for Diversity in Leadership (IDL). This program was established in 2003 and the goal of the Institute is to provide a diverse group of dentists with education and experience so that they can set new leadership paths within the profession and their communities. It is a year long, tuition free program which includes three sessions at ADA Headquarters in Chicago, multiple conference calls, and the completion of an individual project. Classes are taught by faculty from the Kellogg School of Management at Northwestern University as well as faculty from the Duke University’s Fuqua School of Business.

I am incredibly humbled to be part of this group since many of my classmates and alumni of the program are extremely impressive people. Additionally, the classes given by IDL faculty from Northwestern and Duke have been incredible. I have learned immensely in the past two sessions and I am eager to apply this information to my practice and local and state organizations. Through the IDL program, I have also had the opportunity to meet and speak with the ADA Officers and Board of Trustees, as well as other leaders in our profession. What I found very remarkable when meeting these leaders is they each demonstrated a deep commitment to improving our profession and a sincere desire to support diverse leadership within the ADA.

For my Institute project I am fortunate to be able to work with four other women classmates to organize and facilitate events nationwide that focus on empowering women dentists. As part of this project I am working with my local society, Montgomery Bucks Dental Society to host a women’s event honoring two of our female leaders, Dr. Joanne Burrell and Dr. Anne O’Day. The event will take place on **Friday, November 13, 2015 at Abington Hospital.** All female dentists, students and residents are invited to attend. We are working with Benco and the Lucy Hobbs Project to present a national speaker, Lisa Philp, President of the Transitions Group North America. Ms. Philp’s program titled, "How Does She Do It All?  Life Balance - Career - Family" will feature topics crucial to female dentists including managing the delicate relationships between staff and women dentists and balancing family and work. During this event, we are thrilled to be hosting Dr. Kathleen O’Loughlin, the Executive Director and Chief Operating Officer of the ADA and Dr. Maxine Feinberg, the current ADA President. This is a wonderful opportunity to meet some of the greatest women leaders in our profession. Please save the date for this exciting event on Friday, November 13, 2015 at Abington Hospital!

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**Speaker: Lisa Philips**

Nationally recognized speaker who will focus on women dentist issues including balancing the delicate relationship between staff and women dentists and also balancing work and family life.

**CE Credits will be offered. Breakfast and light refreshments will be served.**

Join us for an educational day of networking. We will also be hosting the ADA Executive Director, Dr. Kathleen O’Loughlin and the current ADA President, Dr. Maxine Feinberg.

**Cost: $25**
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8:30 AM – 4:00 PM
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