WINTER 2020

2020 Greater Philadelphia Valley Forge Dental Conference®

Meet the 2020 Speakers

See pages 11-14 for Conference Details

The Official Publication of the Second District Valley Forge Dental Association of Pennsylvania
MARCH 2021
MARKS THE 35th ANNIVERSARY OF THE
GREAT PHILADELPHIA
VALLEY FORGE DENTAL CONFERENCE®
MARCH 10-11-12, 2021

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Dr. Ronald Heier
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Dr. Miriam Ting

Lehigh Valley
Dr. Brandon Walsh
Dr. Seth Walbridge

Montgomery-Bucks
Dr. Parampreet Chhina
Dr. Nuri Eraydin
Dr. Hadi Ghazzouli
Dr. David Kaffey
Dr. Angela Stout

The Valley Forge Dental Journal is the official publication of the Second District Valley Forge Dental Association of Pennsylvania, 4781 Steeplechase Drive, Macungie, PA 18062. 1-717-413-9946

Advertising rates are available from, and all advertising materials and correspondence should be sent to Lynn Moreland, 1-315-742-8008 or gpvfdc@gmail.com. The Second District Valley Forge Dental Association of Pennsylvania reserves the right to refuse any advertisements for any reason.

Articles for publication may be sent directly to Dr. Tamara Brady: tsbradydmd@icloud.com.

Classified advertising should be sent directly to Lynn Moreland. Classified rates are $35 for the first 50 words or less, 50¢ for each additional word.

The Journal is published three times a year: Winter, Summer & Fall. The opinions expressed in the Journal are those of the authors and do not necessarily reflect those of the Association, nor does the appearance of advertisements imply endorsement by the Association.
President’s Roundup

As I complete the last quarter as President of 2nd District (as I explained in my first message, also known as the Valley Forge Dental Society), as fellow members I’d like to report on the results of my leadership, the state of our District society and what the future may hold going forward.

No individual leads without being lead, so I want to start by saying Thank You to all those who been my mentors and inspirations, my fellow board members both at the District and Local level, PDA and ADA leaders who have been amazing advisors and a special Thank You to our District Executive Director, Ms. Betty Dencler, who’s hard work has hopefully made me look good! Our 2nd District has more members than over 25% of the states and we have a host of past and present national and state leadership who we are blessed to have as our colleagues. It is an important reason as to why our District is so well run and is so vibrant! We are indeed fortunate. Finally, I want to thank you for trusting me to be your President and guide the District. I have worked hard to make our society the best and to create a roadmap for future growth and success.

My two major initiatives for my Presidency have been to create and begin to implement a Strategic Plan for Membership Growth and Retention and to streamline the District Committee. I am happy to say that an Ad Hoc Workgroup made up of members of each local drafted a generalized Strategic Plan for Membership, which each local can utilize and tweak to fit their particular needs. Materials for the recruitment and Retention should be ready by the end of my term for all to use going forward. The Committee streamlining effort has also come out of committee and will be addressed and so in addition to the regular affairs of our society; I have been able to accomplish my goals!

Now with the updates:

• The Greater Philadelphia Valley Forge Dental Conference (March 4, 5 & 6) is open for registration. National Speakers, Hands-On programing, Receptions from Temple, Penn and Pitt, Exhibits are all in our backyard and FREE to District members (except hands-on). Early Bird registration is over February 10, so sign-up now, if you haven’t! Go to GPFVDC.org and get all your CE requirements completed in one place and at little to no expense!

• The 8th MOM-n-PA returns from its journey around the state to our area this June 5th and 6th at Temple University Main campus. Please consider being a volunteer. There is a need for dentists and staff in all departments. It is an amazing volunteer experience. Registration opens April 1st and if you are not on the current mailing list, just Google Mom-n-PA.

• Pennsylvania Dental Meeting is being held at the Mt. Airy Casino Resort on April 24th and 25th. The meeting will be an interesting mix of fun, family time and CE. You have an opportunity to interact with state leadership, colleagues and meet our new PDA Executive Director. Go to the PDA Website for signup information.

• Check out what’s going on at your locals. Happy Hours, Dinner CE meetings, Wine Tasting, Baseball games are just a few of the activities that our locals plan to keep us engaged. To find out more, just go to your local’s website! And ask a friend or two to join you!

• PDA has an App…PDA GO. Just go to the app store and download it for free. Every month more things are being added and the ability to receive important NEWS effecting you and your practice are pushed out on alerts are critical in today’s 24/7 world.
• **House Bill 564 or Assignments of Benefits** legislation will hopefully come to a vote this March! PLEASE call or visit your state representative to request they support this bill. It is an access to care issue and they need to hear from everyone! You should also consider making a contribution to PADPAC to help our professional lobbyists in their efforts! Just remember that the Insurance Companies are spending your money (as policy holders) as well as other insurance holders to defeat this bill!

My term as your 2nd District President ends in March, but I will still be hanging around as the Immediate Past President and fulfilling those responsibilities. If you have a comment, concern, an idea, a complaint or you’d like to volunteer please let me know…. I look forward to continuing to serve you and our profession!

Respectfully submitted,

Jay Freedman, DDS

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**SECOND DISTRICT VALLEY FORGE DENTAL ASSOCIATION**

The following Second District Dental Association slate of nominees will be presented for vote during the SD Annual Business Meeting at the Greater Philadelphia Valley Forge Dental Conference on Friday, March 6, 2020 at 1:00 PM, Valley Forge Casino & Convention Center, King of Prussia, PA.

**SECOND DISTRICT NOMINATING REPORT – Elected and Installed March 6, 2020**

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Term</th>
</tr>
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<tbody>
<tr>
<td>President</td>
<td>Dr. Laurene Grabill</td>
<td></td>
</tr>
<tr>
<td>President Elect</td>
<td>Dr. Dale Scanlon</td>
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</tr>
<tr>
<td>Vice President</td>
<td>Dr. David Kaffey</td>
<td></td>
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<tr>
<td>Secretary</td>
<td>Dr. Bruce Terry</td>
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</tr>
<tr>
<td>Treasurer</td>
<td>Dr. Brandon Walsh</td>
<td></td>
</tr>
<tr>
<td>PDA Trustee</td>
<td>Dr. Nancy Rosenthal</td>
<td></td>
</tr>
</tbody>
</table>

**DIRECTORS**

**Montgomery Bucks:**
- Dr. Angel Stout – 2020-2022
- Dr. Hadi Ghazzouli – 2020-2022
- Dr. Nuri Eraydin – 2019-2021
- Dr. Matt Garbin – 2019-2021
- Dr. Rachel Lewin – 2019-2021

**Chester Delaware:**
- Dr. Stephanie McGann – 2020-2022
- Dr. Scott Levy – 2019-2021
- Dr. Bernadette Logan – 2019-2021

**Lehigh Valley:**
- Dr. Jason Pellegrino – 2020-2022
- Dr. Seth Walbridge – 2019-2021

**PDA DELEGATION IF NEEDED:**

**Chester Delaware:**
- Drs. Jamie Wolitarsky, Marie Scott, Tami Brady, Karin Brian, Stephanie McGann, Bernie Logan, Richard Clark

**Montgomery Bucks:**
- Drs. Hadi Ghazzouli, Matt Garbin, Mark Kienle, Danielle Teitelman, Angel Stout, Andy Steinkeler, Nuri Eraydin, Jessica Scordamaglia, Jonathan Limberakis, Amy Farrell

**Lehigh Valley:**
- Drs. Gary Peters, Lucas Mantilla, Lauri Passeri, Seth Walbridge, Jose Gill

**PDA ALTERNATE DELEGATES:**

**Chester Delaware:**
- Drs. Dale Scanlon, Charlie Weber, Don Gordon, Ron Heier, Linda Himmelberger, Theresa Devine, Doug Filidore, Dan Daley

**Montgomery Bucks:**
- Drs. Ada Greenfield, Alyssa Nielubowicz, Maggie Rosenberger, Lisbeth Pulaski, Jessica Hershman, Dilshan Gunawardena, Peter Bullock, Ariana Mason, Amanda Hemmer, Cary Limberakis, Lon Kessler

**Lehigh Valley:**
- Drs. Jason Pellegrino, Hugh Friel, Jeff Wiesner
Local Happenings

The Dental Society of Chester County and Delaware County partnered with Community Volunteers in Medicine for a **GIVE VETS A SMILE** Day on November 12, 2019. 42 patients were seen, 2 dentists volunteered to adopt a vet for complete treatment needs. PA Senators Andy Dinniman, and Tom Killian and PA Representative Carolyn Comitta visited the event.

On December 6, 2019 the C/D dental society held a **Give Kids a Smile** event at CVIM in West Chester. Twenty four children ages 5-18 received $14,363 worth of dental care by 8 member dentists that day. Several children received or will receive post care at these specialists’ private practices: Greeley Orthodontics, Oral Surgery Associates of Chester County, and West Chester Endodontics.
Lehigh Valley Dental Society hosted a **Holiday Dinner Social** in late November. We featured Dr. David Abramowitz, a dentist who directs a mission organization in Uganda providing dentistry to those without access to care. The night was inspiring and fun for all.
Local Happenings

On Wednesday, January 22, members of the Dental Society of Chester County and Delaware County enjoyed an evening at Saloon 151 in West Chester. Whiskey flights and appetizers were served. The evening brought together board members along with new and seasoned dentists for networking and socializing in a fun atmosphere. Be on the look-out for future social events planned by the Chester/Delaware Membership Committee.

See Upcoming Events on Page 23 and visit the website at chesdeldental.org
Register Today
PENNSYLVANIA’S DENTAL MEETING
Saturday, April 25, 2020
Mount Airy Casino Resort | Mount Pocono, PA

Select from individually priced sessions on topics relevant to today’s dental practitioner while enjoying the AAA Four-Diamond property, Mount Airy Casino Resort, in the scenic Pocono mountains! Online registration is available at www.padental.org/PDM.

Agenda highlights

APRIL 24
Evening Reception
Annual Awards Dinner

APRIL 25
Exhibit Hall plus CE Sessions on:
• Local Anesthesia
• The Science of Medical Marijuana
• Child Abuse Recognition and Reporting for Dental Professionals
• Pain Management Alternatives and Identification of Addiction
• Evening Reception

Location highlights

• The Spa at Mount Airy
• Indoor/outdoor pool with private luxury cabanas
• Six different dining options on property
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For more information, visit www.padental.org/PDM or call Rebecca Von Nieda (800) 223-0016, ext. 117.

2020
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THE DENTAL SOCIETY OF CHESTER COUNTY AND DELAWARE COUNTY, PA proudly presents

DKU Continuing Dental Education
Springfield Country Club, Delaware County

ADA CERP
The Dental Society of Chester County and Delaware County is an ADA CERP recognized provider approved by the Pennsylvania Dental Association. ADA CERP is a service of the American Dental Association to assist providers in maintaining the quality of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The Dental Society of Chester and Delaware Counties designates this activity for up to six continuing education credits per course.

Friday, April 24, 2020
Interdisciplinary Approach for Treating the Esthetically Compromised Patient – Treatment planning of complex cases requires the highest level of knowledge and skill of the treating team. An environment of the final case before starting is required to know where the goal of treatment will be directed. Topics include controversial issues regarding immediate post-extraction socket implant placement in relationship to survival and aesthetic outcomes. Immediate provisional restoration of immediate implants placed into healed (delayed) or augmented sites. Current concepts will be presented on techniques, clinical research, histologic evidence, and innovations in immediate implant placement and provisional restoration treatment and how they can enhance outcomes for greater patient comfort, care, and satisfaction. The incidence and prevalence of inflammatory peri-implant disease is rapidly rising due to the increase in implants and their duration worldwide. Whether you are placing implants or restoring implants, it’s imperative that you understand the factors involved in peri-implant disease, are able to diagnose the problem in its infancy and can take the proper steps to arrest its progression. Course Objectives: Should implants be placed immediately or in a delayed protocol? Should multiple implants be placed in the aesthetic zone? Should the implant be splinted into separate bridges as individual units? Understand which instruments and chemotherapeutic agents are best suited to debride, detoxify and decontaminate an affected implant. Understand the indications for non-surgical and surgical therapy, and the specific implant surgical techniques utilized to optimize the results of peri-implantitis treatment. This course is supported by educational grants from Garfield, Hayes, Kettnerbach, Schick and P&N.

Dennis Tarnow, DDS - New York, NY

Wednesday, May 20, 2020
Emerging, Reemergent Diseases, Allergies & Vaccines in Dental Practices – Infectious diseases described over the past 4 decades include those caused by newly discovered microbial pathogens, re-emergent infections with drug-resistant strains, and infections which have become resistant to previously successful antibacterials. Ongoing challenges, and occupational guidelines for blood-borne pathogens (hepatitis B & C viruses, HIV), respiratory infections (influenza viruses, tuberculosis), and waterborne infections will be discussed. Included is a discussion of persons with autoimmune diseases (i.e. systemic lupus, celiac disease, diabetes, lupusic diseases resulting from transplantation, multiple acquired immune deficiency syndromes). Medical and dental clinicians must develop stronger professional relationships. Rising allergy challenges to patients and providers from all materials and drugs used in the dental office will be examined. This seminar will consider vaccination as an effective public health infection control approach for protection of the general population and health care professionals. Objectives: Comprehend the occupational health care risks presented by these diseases; Understand that an increasing number of dental patients present with a defect in their host immune defenses; Understand that certain allergic reactions are observable in the oro-facial tissues; and Comprehend the impact vaccination have had in protecting the population and the consequences of not getting them? This presentation is ideal for the entire dental team.

John Molinari, PhD - Arroyo, CA

For Speaker Bio go to www.DKUdental.com and see full brochure.
All meetings will be held at the Springfield Country Club on Route 520, Springfield, Delaware County, PA.
Registration for all courses 8:00 AM, Lecture 8:30 AM - 3:45 PM. Continental breakfast and lunch included for all DKU courses.

FEES
Dental and Chemical Society Members - Entire Series $695, Individual Courses $210, 3 Courses $560, 4 Courses $655
Other ADA Members - Entire Series $745 Individual Courses $225, 3 Courses $600, 4 Courses $695
Non-ADA Members - Entire Series $815, Individual Courses $240, 3 Courses $635, 4 Courses $755
Staff members accompanied by a spouse will be $110 per course per person with reservations at least one week in advance. $125 per course per person at door.
Cancellations and Refund Policy - No refunds will be made with no least one week’s notice prior to course date. (A $25 administrative fee will be deducted.)

For information please contact: DKU • c/o Barry Cohen, DMD • 4750 Township Line Rd • Drexel Hill, PA 19026 • 610-449-7002 • DKUdental@aol.com

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• resources to download and print
• notifications of important news
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THURSDAY, MARCH 5, 2020

DR. LEE ANN BRADY
Layering Anterior Composites
Lecture & Hands-on

DR. HAROLD CROSSLEY
Pharmacology Management including Two-hour training on Opioid Use

MR. TOM LIMOLI
Dental Insurance Reimbursement & New Dental Codes

FRIDAY, MARCH 6, 2020

DR. HAROLD CROSSLEY
Top 25 Drugs & Marijuana

DR. LEN TAU
Social Media – Attracting new Patients

DR. UCHE ODIAH
Human Microbiome: What Every Dental Team Needs to Know

ESTHETIC SYMPOSIUM
Dr. Joseph Greenberg, Facilitator

DR. ALAN ATLAS
CAD-CAM Restorations

DR. MARKUS BLATZ
Dental Ceramics

DR. FEREIDOUN DAFTARY
Craniofacial Changes

DR. TIMOTHY GRECO
Pathology & the Aging Face

DR. ROBERT LEVINE
Esthetic Zone Implants

MR. OLIVIER TRIC
Alchemy of Dental Technology

FULL PROGRAM & REGISTRATION NOW AVAILABLE
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MEET THE 2020 GPVFDC SPEAKERS!

ESTHETIC SYMPOSIUM (FRIDAY)

Dr. Joseph Greenberg
FACILITATOR

Dr. Alan Atlas
CAD-CAM RESTORATIONS

Dr. Marcus Blatz
DENTAL CERAMICS

Dr. Fereidoun Daftary
CRANIOFACIAL CHANGES

Dr. Timothy Greco
PATHOLOGY & AGING FACE

Dr. Robert Levine
ESTHETIC ZONE IMPLANTS

Mr. Olivier Tric
ALCHEMY OF DENTAL TECHNOLOGY

Rebecca Alvarez, MED
INTRO TO SEXUAL ORIENTATION & GENDER IDENTITY
(Wednesday)

Dr. Lee Ann Brady
ANTERIOR ESTHETIC TECHNIQUES & MATERIALS
(Wednesday & Thursday)

Dr. Harold Crossley
PHARMACOLOGY MANAGEMENT & TOP 25 DRUGS
(Wednesday & Friday)

Dr. Paul Goodman
ASSOCIATESHIPS & PRACTICE SALES
(Thursday Evening)

Dr. Jim Grisdale
DENTAL IMPLANT TREATMENT
(Thursday)

Dr. Mark Lingen
ORAL PATHOLOGY
(Thursday)

Dr. Uche Odiatu
PATIENT LIFESTYLE HABITS & HUMAN MICROBIOME
(Friday)

Dr. Len Tau
SOCIAL MEDIA
(Thursday & Friday)

Lancette VanGuilder, RDH
THE PATHOGEN PATHWAY & VAPING/E-CIGARETTES
(Thursday)

Mr. Tom Limoli
DENTAL INSURANCE REIMBURSEMENT & NEW DENTAL CODES
(Wednesday)

www.gpvfdc.org 216-342-1776
# Program at a Glance

## Wednesday, March 4, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 AM – 5:00 PM</td>
<td>Registration Desk Open&lt;br&gt;Casino Convention Center, Lower Level</td>
</tr>
<tr>
<td>8:30 AM – 11:30 AM</td>
<td>Dr. Lee Ann Brady&lt;br&gt;“Anterior Esthetic Techniques &amp; Materials”&lt;br&gt;(AM Lecture #030)</td>
</tr>
<tr>
<td>8:30 AM – 4:00 PM</td>
<td>Dr. Harold Crossley&lt;br&gt;“Opioid Use, Misuse, Abuse &amp; Addiction”&lt;br&gt;PA Board of Dental Examiners’ Requirement &amp; “Pharmacologic Management”&lt;br&gt;(Full Day Lecture #032)</td>
</tr>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Mr. Tom Limoli&lt;br&gt;“Dental Insurance Reimbursement”&lt;br&gt;(AM Lecture #033)</td>
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<tr>
<td>10:00 AM – 12:00 AM</td>
<td>Beverage Break in Exhibit Hall</td>
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<tr>
<td>10:00 AM – 4:00 PM</td>
<td>Exhibit Hall Open</td>
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<tr>
<td>11:30 AM – 1:30 PM</td>
<td>Course Luncheon &amp; Refreshments&lt;br&gt;Exhibit Hall</td>
</tr>
<tr>
<td>1:00 PM – 4:00 PM</td>
<td>Ms. Rebecca Alvarez&lt;br&gt;“Intro to Sexual Orientation &amp; Gender Identity”&lt;br&gt;(PM Lecture #031)</td>
</tr>
<tr>
<td>1:15 PM – 4:15 PM</td>
<td>Dr. Lee Ann Brady&lt;br&gt;“Fabricating Anterior Provisionals”&lt;br&gt;(PM HANDS-ON #031)</td>
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<tr>
<td>1:30 PM</td>
<td>Door Prize Drawing&lt;br&gt;Exhibit Hall</td>
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<tr>
<td>1:30 PM – 4:30 PM</td>
<td>Mr. Tom Limoli&lt;br&gt;“More New Codes”&lt;br&gt;(PM Lecture #034)</td>
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<tr>
<td>4:30 PM – 6:30 PM</td>
<td>Reception...American &amp; International Colleges of Dentists &amp; Pierre Fauchard</td>
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## Thursday, March 5, 2020

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<th>Time</th>
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<tr>
<td>7:00 AM – 5:00 PM</td>
<td>Registration Desk Open&lt;br&gt;Casino Convention Center, Lower Level</td>
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<tr>
<td>8:30 AM – 11:30 AM</td>
<td>Dr. Lee Ann Brady&lt;br&gt;“Anterior Composite Artistry”&lt;br&gt;(AM Lecture #036)</td>
</tr>
<tr>
<td>8:30 AM – 11:30 AM</td>
<td>Lancette VanGuilder, RDH&lt;br&gt;“The Pathogen Pathway: Inflammation and the Oral Systemic Link”&lt;br&gt;(AM Lecture #042)</td>
</tr>
<tr>
<td>8:45 AM – 11:45 AM</td>
<td>Dr. Mark Lingen&lt;br&gt;“Diagnosis of Soft Tissue Lesions”&lt;br&gt;(AM Lecture #038)</td>
</tr>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Dr. Uche Odiatu&lt;br&gt;“Five Patient Lifestyle Habits”&lt;br&gt;(AM Lecture #045)</td>
</tr>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Dr. Len Tau&lt;br&gt;“Social Media – Getting More New Patients”&lt;br&gt;(AM Lecture #047)</td>
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<tr>
<td>10:00 AM – 11:00 AM</td>
<td>Beverage Break in Exhibit Hall</td>
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<td>10:00 AM – 4:00 PM</td>
<td>Exhibit Hall Open</td>
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<tr>
<td>1:30 PM</td>
<td>Door Prize Drawing&lt;br&gt;Exhibit Hall</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>Dr. Lee Ann Brady&lt;br&gt;“Layering Anterior Composite”&lt;br&gt;(PM HANDS-ON #032)</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>Dr. Len Tau&lt;br&gt;“Online Marketing Strategies”&lt;br&gt;(PM Lecture #047)</td>
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<tr>
<td>1:45 PM – 4:45 PM</td>
<td>Dr. Mark Lingen&lt;br&gt;“Chasing Radiographic Zebras”&lt;br&gt;(PM Lecture #039)</td>
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<tr>
<td>4:30 PM – 6:30 PM</td>
<td>Alumni Receptions&lt;br&gt;Temple Dental School and Penn Dental Medicine</td>
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<tr>
<td>7:00 PM – 9:00 PM</td>
<td>Dr. Paul Goodman (Dr. Nacha)&lt;br&gt;“Associations &amp; Practice Sales”&lt;br&gt;(PM Lecture #044)</td>
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## Friday, March 6, 2020

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<tr>
<td>7:00 AM – 5:00 PM</td>
<td>Registration Desk Open&lt;br&gt;Casino Convention Center, Lower Level</td>
</tr>
<tr>
<td>8:30 AM – 11:30 AM</td>
<td>Dr. Harold Crossley&lt;br&gt;“The Weed of Today is Not Your Momma’s Weed”&lt;br&gt;(AM Lecture #048)</td>
</tr>
<tr>
<td>8:30 AM – 12:00 PM</td>
<td>AM Esthetic Symposium&lt;br&gt;Dr. Joseph Greenberg, Facilitator&lt;br&gt;• Dr. Timothy Greco – “Pathophysiology of the Aging Face”&lt;br&gt;• Dr. Ferredoun Daftary – “Life Long Craniofacial Changes”&lt;br&gt;• Dr. Robert Levine – “10 Keys for Successful Esthetic Zone Implants”&lt;br&gt;(AM Lectures #050)</td>
</tr>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Dr. Uche Odiatu&lt;br&gt;“Five Patient Lifestyle Habits”&lt;br&gt;(AM Lecture #045)</td>
</tr>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Dr. Len Tau&lt;br&gt;“Social Media – Getting More New Patients”&lt;br&gt;(AM Lecture #047)</td>
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<td>Beverage Break in Exhibit Hall</td>
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<td>Exhibit Hall Open</td>
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<tr>
<td>11:30 AM – 1:30 PM</td>
<td>Course Luncheon &amp; Refreshments&lt;br&gt;Exhibit Hall</td>
</tr>
<tr>
<td>1:00 PM – 1:45 PM</td>
<td>Second District Dental Association Annual Meeting (Members Only)</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>Door Prize Drawing&lt;br&gt;Exhibit Hall</td>
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<tr>
<td>1:30 PM – 4:30 PM</td>
<td>Dr. Uche Odiatu&lt;br&gt;“The Human Microbiome”&lt;br&gt;(PM Lecture #046)</td>
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<tr>
<td>1:30 PM – 4:30 PM</td>
<td>Dr. Harold Crossley&lt;br&gt;“Clues to Patients’ Health”&lt;br&gt;(PM Lecture #049)</td>
</tr>
<tr>
<td>1:30 PM – 5:00 PM</td>
<td>PM Esthetic Symposium&lt;br&gt;Dr. Joseph Greenberg, Facilitator&lt;br&gt;• Dr. Marcus Blatz – “Dental Ceramic Restoration in 2020”&lt;br&gt;• Mr. Olivier Tric – “The Alchemy of Dental Technology”&lt;br&gt;• Dr. Alan Atlas – “Clinical Guidelines for Successful CAD–CAM Restorations”&lt;br&gt;(PM Lectures #053)</td>
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2020 Greater Philadelphia Valley Forge Dental Conference®

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@vfd30

216-342-1776
### 2020 GPVFDC Registration Form

#### 2020 GPVFDC

**MARCH 4-5-6, 2020**

**Early Bird Tuition By February 10**

<table>
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<tr>
<th></th>
<th>2020 GPVFDC</th>
<th>ADA Member</th>
<th>NON-ADA Member</th>
<th>STAFF Spouse</th>
<th>STUDENTS Residents</th>
</tr>
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<tbody>
<tr>
<td><strong>Second District</strong></td>
<td>Paid Member</td>
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#### Notes

*Attendees purchasing full-day course tickets will receive a luncheon ticket.

**Attendees purchasing two half-day course tickets (for the same day) will receive a luncheon ticket.

***Attendees purchasing Freedom Pass will receive two luncheon tickets and one night hotel.

Second District Members, Students and Residents attending FREE courses can purchase luncheon tickets for $20.00.

All luncheon tickets can be redeemed in the buffet area in the back of the exhibit hall.

#### Qualify for FREE Courses

NOTE: NON-ADA members who practice in Bucks, Chester, Delaware, Lehigh, Montgomery or Northampton counties can join the PDA/ADA/SD prior to the conference or even onsite to qualify for FREE or DISCOUNT course tickets.

CALL 717-413-9946 FOR INFORMATION.
Not All Zirconia is Created Equal

By Lee Ann Brady

See Dr. Brady’s courses on Wednesday, March 4, and Thursday, March 5, during the GPVFDC

Most dentists think of zirconia as the highest strength, all-ceramic material that they can use to balance esthetics and durability. It is the material we go to for patients with occlusal risk, for second molars at higher risk of fracture and for all-ceramic bridges. When you start to discuss zirconia you will hear flexural strengths of 900-1,400 mPa thrown around. While this is the flexural strength of a certain category of zirconia, you might not be aware there are different types. Dentists have demanded manufacturers make versions that are more aesthetic, and in doing so we have sacrificed some of its strength and durability. So you should be sure you understand which type you are getting from your lab.

The general rule with zirconia is that the prettier it is, the weaker it is; conversely the more opaque it is, the stronger it is. For example, the white opaque zirconia visible as the substructure on the underside of a bridge is the highest strength and may have flexural strengths of 1,000-1,400 mPa. The other end of the spectrum is the highly aesthetic materials we refer to as “translucent”, “crystal” or “aesthetic” zirconia and they may have flexural strength numbers of 500-700 mPa. There is also a category of material with strengths that are in the middle of this range.

Talk to your lab and ask them what types of zirconia they can provide, and their specific strengths. There are many manufacturers and brands and you should be familiar with what your lab offers. Ask them how you should specify which zirconia to use for a given case. This of course will be determined by the esthetic and functional demands of the individual situation. Some labs can note your preferences in their computer, so they know you always want the middle strength material for second molars, the highest strength for bridges and the prettiest material for premolars as an example.

VISIT
www.vfdental.org for Second District up-to-date information
and
www.gpvfdc.org to Register by February 10th for discounted conference course fees.
I have had the opportunity over the last decade and a half to work on many of the intra-oral impression scanning systems currently on the market. Playing with new technology, however, is different than using it day to day. One of the most common questions I have been asked over the years is, are you utilizing digital impressions in your office? The answer today is yes, and it took me quite some time to make that choice. So What tipped the scales?

Today a large number of the lab processes that were once done by hand are digital, one easy example of that is zirconia, which can only be milled. When sending the lab a physical impression the data has to be digitized in order to be used in these digital workflows. The lab will scan your impression, or pour a model to scan. This step of getting digital data from a physical impression introduces some inaccuracy. The movement of the lab industry firmly in the direction of digital was a major motivator. If the lab process requires digital data, and more and more of them do, why not send digital data, versus having the lab scan your impression?

Another piece of the equation for me is marketing my practice and being perceived well by my patients. More and more I was finding patients ask me about digital technology. They often have a friend or family member who had a digital impression “instead of the goo”, and they are curious if we use that. More and more I found myself trying to explain to patients why we didn’t have the technology, even though we have many other tech advances in our office. Hearing myself I realized I needed to look at this decision seriously.

Several advances in digital impression systems finally tipped the scales for me. One of the important features is “open source”. This means that the data produced can be used across different technologies produced by different manufacturers. I didn’t want to be forced to use specific labs, or specific milling centers based on their ability to use my data. Another big advance in recent years that drove this decision was the rapid advance of printers and milling units that can be used in our office. We can now choose to simply scan and outsource everything to the lab, or pick and choose what other companion technology we want to have in house.

The last piece of the puzzle dropped into place when I got to see the Emerald scanner from Planmeca. Featuring their Romexis software which I had admired for years, the scanner connects to a computer through a USB port. So instead of a large computer, screen and scanner that has to be wheeled around the office I could have a scanner connected to a laptop that can easily be moved from op to op. All of these factors combined tipped the scales in favor of intra-oral scanning.
Many renovations and changes have been taking place at the PDA office in Harrisburg. With the assistance of Mr. Robert Yaroush who coordinated the project I have included the assessment and progress on the building.

The project was to be handled in 2 phases. Phase 1 was to repair the exterior of the building to make it watertight. Phase 2 will be to remediate the mold issue and cosmetic repairs to the interior of the building.

The Phase 1 renovations were needed for a variety of reasons, they are as follows:

- Extensive water damage to the ceilings and walls of the association’s office space leased to PDAIS.
- Extensive water damage to the ceilings and walls of the association’s HVAC mechanical rooms.
- Extensive water damage to the walls and ceiling of the association’s 3rd floor conference room.
- Address the water seepage that is coming through the limestone façade of the buildings.
- Extensive rainwater infiltration into the basements. The sump pumps run for days after a rainstorm.
- There are many fissures in the existing patio that allows rainwater to seep into the basement.
- Water cascades off of the buildings due to damaged rain gutter system.
- Exterior lead paint contamination.
- Mold has affected the air quality of the upper floors of the mansion. This cannot be addressed until the building is made water tight.
- Water damage to the north and south ground floor conference rooms.

Required Exterior Renovations:

- Clean, repoint and seal the limestone façade of the buildings.
- Remove and replace the roof shingles, flashing and roof decking, as needed, on all of the buildings.
- Remove and replace the flat roofs over the north and south conference rooms. Remove and replace the exterior siding and soffits. Install water barrier sheeting.
- Remove and replace the gutters and downspouts. Add piping to allow the rainwater to run away from the building.
- Remove the exterior lead paint around the windows and other areas. They will be repainted with an exterior latex paint.
- Remove and replace the existing outdoor patio. The patio will include a water drainage system running underneath the concrete and it will also be slightly angled to allow for rainwater drainage. These features will allow for rainwater to run away from the building.
- Remove and replace the existing shutters. The existing shutters are rotting and the hinge connection and are contaminated with peeling lead paint. A composite wood product was used for the new shutters.

Current Status of the Main Office Exterior Renovations:

1. The limestone façade renovations have been completed.
2. The shingle roof renovations have been completed.
3. The removal of the exterior lead paint and the exterior repainting have been completed.
4. The new patio has been installed.
5. The new shutters have been installed.

Open Items:

1. The flat roof replacements will be completed by 12/31/2019, weather permitting.
6. The siding and soffit replacements will be completed by 12/31/2019, weather permitting.
7. The gutter and downspout replacements will be completed by 1/3/2020, weather permitting.

Phase 1 of the project was started in September 2019 and the completion will stretch into January 2020. This was a long and tedious process due to the age of the building, the nature of the repairs and persistent weather delays. The interior of the building is now watertight and will allow us to move onto Phase 2. Phase 2 bids are currently being sought for the mold remediation. Once the mold remediation is complete, we will get bids to repair the cosmetic damage caused by the water infiltration and mold remediation.

The BOT has continued to monitor the progress and I will share the progress of this extensive project.
Access to dental care for under-served military veterans is a huge challenge in our nation. While I served on the ADA Council on Government Affairs a few years ago, we received annual reports from the US military service branches. Soon after the problems with the VA system were exposed (where veterans were unable to get medical care that they desperately needed), we were informed that as bad as medical access was at the time, access to dental care is even worse. We were asked if the dental societies could do anything to help.

Soon after that meeting, I saw some of this first hand while I was a CODA site visitor at a VA residency program. A veteran came in with pain and swelling on #8 and asked for it to be extracted and replaced. The attending dentist explained that an extraction was possible but not a replacement because the veteran did not qualify for comprehensive care. By law, they could not even make him a “flipper” and charge him for it. Comprehensive dental care in the VA system is limited to those veterans who are 100% disabled, were a prisoner of war, are First Gulf War veterans or had a service-related injury to the jaws. And those with service injuries are only treated until they are stable, with no follow up care.

Fast forward a few years to our Mission of Mercy event in Reading, where I helped with dental triage. A man in his late thirties came in for screening wearing camouflage pants and a dark green tee shirt. I asked if he was a veteran and he nodded yes. I asked him where he served and his terse response was “In the dessert”. When I examined him, every premolar and molar was decayed to the gingiv.a. I told him that we were only supposed to do “one” procedure, but I would write on his sheet that we should take out as many teeth as possible on this veteran. The day was busy and I was never able to find out how much work we did on him, but it upset me that our government is not taking care of our veterans in a meaningful way.

I was fortunate enough to find out that Lehigh Valley Hospital in Allentown, where I direct the General Practice Residency Program, has a Veteran’s Health Program. This program provides help and guidance with many services that underserved veterans need – including housing assistance, clothing, food and nutrition services, employment assistance and access to medical care. The director and I discussed the need for dental care and we reached out to the Lehigh Valley Dental Society members for help. We signed up 26 dental practices who agreed to provide comprehensive care to at least one needy veteran screened by the Veterans Health Program. Most of the members are general dentists, but a few oral surgeons, a periodontist and an endodontist offered to help out as well, especially with difficult cases. An orthodontist and a pediatric dentist also volunteered to take children of these veterans. The specialists work “behind the scenes” and their names are not given to the patient but rather to the general dentists in case they are needed.

With great volunteers and coordination from LVHN, this program is highly successful. Many patients come from outside of the Lehigh Valley and this is where you, as a member of Second District can help. You could volunteer to take one vet and offer to provide comprehensive care to a patient identified in your area as needing assistance. You could decide to provide all the care at no cost, or make arrangements for the veteran to pay any lab fees associated with their care. Be sure to make your office policies known to the veteran ahead of time when it comes to missed appointments or collection of fees. You can obtain more information by contacting the office by email – Veteran.Health.Program@LVHN.org, or by phone 1-855-LVHN-VET.
There are other ways you can help with veteran’s access to dental care in your area. Each county has a Veterans Affairs Office and they generally know the veterans who are most in need of help. You could contact them directly and agree to take on one vet, or organize your peers to take on a number of patients. In addition, your local State Representative may have a Veterans Outreach Program and you can contact them to offer help. This, in fact, is a great way to combine access to care with becoming an advocate for the PDA’s legislative agenda. By offering these services directly through their offices they will get to know you well, and you will have your legislator’s ear when it comes to important legislative initiatives.

The November 18 ADA News had a story titled “Dental Lifeline Network: Will you see one vet? Dentists asked of offer treatment beyond Veterans Day”. DLN (a part of Donated Dental Services, or DDS) is asking dentists around the country to donate their time and talent to at least one veteran as part of its “Will You See One Vet” campaign. This organization has the resources to coordinate the program between dentists and veterans who cannot otherwise access care. DNL will screen patients to confirm eligibility and help ensure that they show up for appointments. They will also coordinate lab work and specialty referrals. Visit their website at Willyouseonevet.org

My heart goes out to these veterans. They served our country, put their lives on the line and often come back with wounds that we cannot see. We, on the other hand, are fortunate to be in a wonderful profession which affords us a comfortable lifestyle. It is a small token on our part to give thanks and honor to these men and women who bravely served our nation. I never had the opportunity to be in the military, but I’m a strong advocate of giving back to those who risk so much and get so little in return. GIVE VETS A SMILE programs are helpful, but that is like putting a band-aid on a festering wound. I want us to be a major part of the healing process.

I’ve had the pleasure of treating two local veterans so far and it has been one of my greatest experiences of my career. The men were a pleasure to work on, unbelievably thankful for the service they received and they continue to come in for recall exams. I am tremendously fortunate to have them in my practice.

I encourage all of our members volunteer to take on at least ONE veteran in your practice and provide comprehensive care as our way of saying “thank you” to those who serve so well. In a way, you’ll be serving our nation too.
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Dr. Tamara Brady – tsbradydmd@icloud.com

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Dr. Linda Himmelberger – himmelberger@ada.org

PDA TRUSTEE
Dr. Nancy Rosenthal – nrrdds@comcast.net

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Dr. Brandon Walsh – walshbm@hotmail.com

Montgomery Bucks
Dr. Pampreet Chhina – pchhina@gmail.com
Dr. Nuri Eraydin – neraydini@gmail.com
Dr. Hadi Ghazzouli – hghazzouli@gmail.com
Dr. David Kaffey – dmk68@verizon.net
Dr. Angel Stout – ams913@aol.com

Need to Reach the Second District Valley Forge Dental Association or the GPVFDC?

ONLINE:
www.vfdental.org
(Second District)

www.gpvfdc.org
(Greater Philadelphia Valley Forge Dental Conference)

PHONE:
1-216-342-1776 - GPVFDC Registration
1-717-413-9946 SD Office

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www.ameriprac.com
The American Dental Association (ADA) has filed a class action lawsuit against Delta Dental Plans and the Delta Dental Plan Association.

The complaint alleges that Delta has engaged in anticompetitive conduct and violated federal antitrust laws by allocating territories of operation and dividing the national market in order to restrict competition and reduce reimbursement rates to dentists. The complaint goes on to allege that Delta’s anticompetitive acts hurt both dentists and their patients by limiting the choices of dental care available to patients and making it more difficult for dentists to deliver the care that patients need and want.

In addition to the ADA’s complaint, individual dentists have filed several class action complaints against Delta, also alleging antitrust violations. In these complaints, the ADA and the individual dentists are requesting that the court certify the proceedings as a class action. The court will rule on that request in the coming months.

Questions concerning these and other topics are welcome by contacting me at: himmelbergerl@ada.org
Upcoming Events

2020 Greater Philadelphia Valley Forge Dental Conference
March 4, 5 & 6, 2020
Valley Forge Casino Resort and Convention Center.
See full ads on page 11-14
www.gpvfdc.org

The Dental Society of Chester and Delaware Counties

Wednesday, February 26, 2020:
General Meeting at the Desmond Hotel in Malvern
featuring Mr. Andre Shirdan,
Creating a 5 Star Customer Service Experience

DKU Series: Contact DKUDental@aol.com

Friday, April 24, 2020: Dr. Dennis Tarnow
Interdisciplinary Approach for Treating the Esthetically Compromised Patient

Wednesday, May 20, 2020: Dr. John Molinari
Emerging, Reemerging Diseases, Allergies & Vaccines in Dental Practices

Lehigh Valley

Lehigh Valley Dental Social

Friday, February 7, 2020: Hockey Social,
PPL Center – Family & Staff Welcome!
See website for registration.

Lehigh Valley Health Network Full Day CE:
www.lvhn.org/cont_ed_events

Wednesday, February 5, 2020: Dr. Alan Atlas
Mastering Restorative Dentistry A to Z; Adhesion to Zirconia

Friday, April 3, 2020: Dr. Scott Frey
What Dentists Need to Know about Direct to Consumer Aligners

Wednesday, May 13, 2020: Dr. Anthony Spallone
Perceptions of the Edentulous State–Treatment Solutions from Simple to Complex Restorations

Montgomery/Bucks Dental Society
Information & Registration at www.mbds.org

2020 Distinguished Speaker Series

Monday, February 24, 2020: Dr. Mark Wolff
SDF (Silver Diamine Fluoride) – How it Works, What are It’s Risks and Benefits, and When Do I Use It?
Dr. Wolff joined Penn Dental Medicine as the 12th Dean of the School. He is a celebrated teacher, globally engaged scholar, and deeply experienced clinician. Prior to joining Penn Dental Medicine, he was professor and chair of cariology and comprehensive care at the College of Dentistry at New York University (NYU). Dr. Wolff has completed numerous international research and oral health assessment programs and has been a lifelong advocate and dental provider for individuals with physical, intellectual, and developmental disabilities of all ages.

“Complimentary” meals MAY be used for this event but only for pre-registered meals. Email mbdsdr@comcast.net to verify that you are eligible. (Not available on-site).

Hours: Cocktail hour at 6:00 with dinner served at 7:00 pm

Price: The cost is $49.00 per person prior to 2/17/20. Late (2/17+) or on site is $70.00

Where: Normandy Farms, Blue Bell, PA (off Route 202 OPPOSITE Montgomery County Community College), Blue Bell, PA

Full Day Course Dates
Note all courses are held at Blue Bell Country Clubhouse, Blue Bell, PA

Friday, April 3, 2020: Dr. Christina M. LaJoie
Current Concepts of Sleep Disordered Breathing

Save the Date

Our next mission is on
June 5th and 6th, 2020
at the Liacouras Center
1776 N Broad Street
Philadelphia, PA 19121

Volunteers are always needed!
Register Online at www.gpvfdc.org

Early Registration Deadline: February 10, 2020

2020 Greater Philadelphia Valley Forge Dental Conference®

AMERICAN & INTERNATIONAL COLLEGES OF DENTISTS AND PIERRE FAUCHARD RECEPTIONS

Wednesday, March 4, 2020
4:30 PM – 6:30 PM

TEMPLE DENTAL SCHOOL AND PENN DENTAL MEDICINE ALUMNI RECEPTIONS

TEMPLE RSVP: https://dentistry.temple.edu/GreaterPhila-Conference

PENN DENTAL MEDICINE RSVP: www.alumni.upenn.edu/valleyforge2020

Thursday, March 5, 2020
4:30 PM – 6:30 PM